

## The Art of Perception

The Art of Perception is an interactive professional training seminar that uses works of art to improve and enrich participants' observation and communication skills. Since its inception in 2000, The Art of Perception has been customized to meet the diverse needs of professionals in a broad range of fields including law enforcement, finance, medicine, law, and education. The program's dual objectives are achieved by removing participants from their daily work environment and developing and improving communication and observational skills that are relevant to their specific professions. Participants analyze works of art and present their observations to their colleagues, thereby improving their individual and collective abilities to articulate the critical distinctions between perception and inference. As a result of these exercises, they refresh their sense of inquiry and reconsider the skills necessary to succeed professionally.

The Art of Perception is credited with improving observation and communication skills and facilitating the exchange of critical information for professionals working as first responders as well as for individuals charged with establishing and leading the strategic direction of complex teams.

### Course Format

- The Art of Perception is offered both as a museum-based program and an on-site presentation.
- Observation, analysis, and presentation of works of art afford participants opportunities to apply their newly honed skills to situations they encounter in a professional context.
- Perception is measured through oral and written exercises designed to expand visual acuity.
- All participants evaluate the relevance, applicability, and value of the course at the conclusion of each session.
- As a result of positive reviews and requests for additional sessions, supplemental, customized seminars of The Art of Perception are available.

### Group Size

Sessions can be tailored for groups of 10-50 participants



Amy E. Herman, JD, MA, designed, developed and conducts all sessions of the The Art of Perception. In 2000 she instituted the program—which was originally designed for medical students to improve their observation and communication skills with patients—at The Frick Collection in New York. She subsequently adapted it for law enforcement professionals across a wide range of agencies including the New York City Police Department, the Federal Bureau of Investigation, the Department of Homeland Security and the Secret Service. While continuing to train medical and law enforcement professionals, Ms. Herman also works with leaders in a variety of industries and organizations to tailor The Art of Perception to ensure maximum applicability and relevance.